MAT 099 Reflective Essay 2   Name:_____

Date Due: Next class period

Point Value = 40 points

Grading Criteria:

1. <u>Completeness</u> (20 pts.): 200-300 word essay, typed, and spellchecked
2. <u>Content</u> (20 pts.): The essay question or topic answered with adequate supporting details.

Essay Question:

In 200 - 300 words, discuss and give examples of how the following may benefit your math learning experience (pick two of the three discussed):

1. Visualization and Vision Board
2. Goal Tracking
3. Note taking strategies